

OMB APPROVAL

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☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

☐ Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person* <u>Stilwell Joseph</u>			2. Issuer Name and Ticker or Trading Symbol <u>Wheeler Real Estate Investment Trust, Inc. [WHLR]</u>			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) ☒ Director ☒ 10% Owner Officer (give title below) Other (specify below)		
(Last)	(First)	(Middle)	2a. Foreign Trading Symbol			6. Individual or Joint/Group Filing (Check Applicable Line) ☒ Form filed by One Reporting Person ☐ Form filed by More than One Reporting Person		
200 CALLE DEL SANTO CRISTO			3. Date of Earliest Transaction (Month/Day/Year) 09/23/2026					
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)					
SAN JUAN PUERTO RICO 00901								
(City) (State) (Zip)								
UNITED STATES								
(Country)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/23/2026		A		184,655 ⁽⁵⁾	A	(5)	184,661	I	See footnote ⁽¹⁾
Common Stock	09/23/2026		A		257,902 ⁽⁶⁾	A	(6)	442,563	I	See footnote ⁽¹⁾
Common Stock	09/23/2026		A		25,516 ⁽⁷⁾	A	(7)	25,516	I	See footnote ⁽²⁾
Common Stock	09/23/2026		A		35,768 ⁽⁸⁾	A	(8)	61,284	I	See footnote ⁽²⁾
Common Stock								1	I	See footnote ⁽³⁾
Common Stock	09/23/2026		A		62,829 ⁽⁹⁾	A	(9)	62,829	I	See footnote ⁽⁴⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
7.00% Subordinated Convertible Notes due 2031	\$4.85 ⁽¹⁰⁾							(10)	12/31/2031	Common Stock	3,540,501 ⁽¹⁰⁾ (11)		\$17,158,975	I	See footnote ⁽¹⁾
7.00% Subordinated Convertible Notes due 2031	\$4.85 ⁽¹⁰⁾							(10)	12/31/2031	Common Stock	516,859 ⁽¹⁰⁾ (11)		\$2,504,950	I	See footnote ⁽²⁾
7.00% Subordinated Convertible Notes due 2031	\$4.85 ⁽¹⁰⁾							(10)	12/31/2031	Common Stock	165,424 ⁽¹⁰⁾ (11)		\$801,725	I	See footnote ⁽³⁾
7.00% Subordinated Convertible Notes due 2031	\$4.85 ⁽¹⁰⁾							(10)	12/31/2031	Common Stock	242,934 ⁽¹⁰⁾ (11)		\$1,177,375	I	See footnote ⁽⁴⁾

Director	☒	10% Owner
Officer (give title below)		Other (specify below)

1. Name and Address of Reporting Person*

Stilwell Activist Investments, L.P.

(Last)	(First)	(Middle)
111 BROADWAY		
12TH FLOOR		

(Street)		
NEW YORK	NEW YORK	10006

(City)	(State)	(Zip)
UNITED STATES		

(Country)

Relationship of Reporting Person(s) to Issuer

Director	☒	10% Owner
Officer (give title below)		Other (specify below)

1. Name and Address of Reporting Person*

Stilwell Activist Fund, L.P.

(Last)	(First)	(Middle)
111 BROADWAY		
12TH FLOOR		

(Street)		
NEW YORK	NEW YORK	10006

(City)	(State)	(Zip)
UNITED STATES		

(Country)

Relationship of Reporting Person(s) to Issuer

Director	☒	10% Owner
Officer (give title below)		Other (specify below)

1. Name and Address of Reporting Person*

Stilwell Value Partners VII, L.P.

(Last)	(First)	(Middle)
111 BROADWAY		
12TH FLOOR		

(Street)		
NEW YORK	NEW YORK	10006

(City)	(State)	(Zip)
UNITED STATES		

(Country)

Relationship of Reporting Person(s) to Issuer

Director	☒	10% Owner
Officer (give title below)		Other (specify below)

1. Name and Address of Reporting Person*

Stilwell Associates, L.P.

(Last)	(First)	(Middle)
111 BROADWAY		
12TH FLOOR		

(Street)		
NEW YORK	NEW YORK	10006
(City)	(State)	(Zip)
UNITED STATES		
(Country)		
Relationship of Reporting Person(s) to Issuer		
Director	X	10% Owner
Officer (give title below)		Other (specify below)

Explanation of Responses:

1. These securities are owned directly by Stilwell Activist Investments, L.P. ("SAI") and indirectly by Joseph Stilwell in his capacity as the managing member and owner of Stilwell Value LLC ("Value"), which is the general partner of SAI. Joseph Stilwell disclaims beneficial ownership of all securities reported as owned indirectly except to the extent of his pecuniary interest therein.
2. These securities are owned directly by Stilwell Activist Fund, L.P. ("SAF") and indirectly by Joseph Stilwell in his capacity as the managing member and owner of Value, which is the general partner of SAF. Joseph Stilwell disclaims beneficial ownership of all securities reported as owned indirectly except to the extent of his pecuniary interest therein.
3. These securities are owned directly by Stilwell Value Partners VII, L.P. ("SVP VII") and indirectly by Joseph Stilwell in his capacity as the managing member and owner of Value, which is the general partner of SVP VII. Joseph Stilwell disclaims beneficial ownership of all securities reported as owned indirectly except to the extent of his pecuniary interest therein.
4. These securities are owned directly by Stilwell Associates, L.P. ("SA") and indirectly by Joseph Stilwell in his capacity as the managing member and owner of Value, which is the general partner of SA. Joseph Stilwell disclaims beneficial ownership of all securities reported as owned indirectly except to the extent of his pecuniary interest therein.
5. On September 23, 2026, the Issuer agreed to issue to SAI 184,655 shares of the Issuer's common stock ("Common Stock") in exchange for 24,730 shares of the Issuer's Series B Preferred Stock ("Series B Preferred Stock") and 3,287 shares of the Issuer's Series D Cumulative Convertible Preferred Stock ("Series D Preferred Stock") held by SAI (the "First SAI Exchange"). The Issuer did not receive any cash proceeds in the First SAI Exchange.
6. On September 23, 2026, the Issuer agreed to issue to SAI 257,902 shares of Common Stock in exchange for 26,603 shares of Series B Preferred Stock and 6,575 shares of Series D Preferred Stock held by SAI (the "Second SAI Exchange"). The Issuer did not receive any cash proceeds in the Second SAI Exchange.
7. On September 23, 2026, the Issuer agreed to issue to SAF 25,516 shares of Common Stock in exchange for 3,270 shares of Series B Preferred Stock and 491 shares of Series D Preferred Stock held by SAF (the "First SAF Exchange"). The Issuer did not receive any cash proceeds in the First SAF Exchange.
8. On September 23, 2026, the Issuer agreed to issue to SAF 35,768 shares of Common Stock in exchange for 3,517 shares of Series B Preferred Stock and 955 shares of Series D Preferred Stock held by SAF (the "Second SAF Exchange"). The Issuer did not receive any cash proceeds in the Second SAF Exchange.
9. On September 23, 2026, the Issuer agreed to issue to SA 62,829 shares of Common Stock in exchange for 3,222 shares of Series D Preferred Stock held by SA (the "SA Exchange"). The Issuer did not receive any cash proceeds in the SA Exchange.
10. The Issuer's 7.00% Subordinated Convertible Notes due 2031 (the "Notes") are convertible, in whole or in part, at any time, at the option of the holders thereof, into shares of Common Stock at a conversion price of \$4.84648 per share (5.158382 common shares for each \$25.00 of principal amount of the Notes being converted).
11. Interest on the Notes may be payable, at the Issuer's election, in cash, in shares of Series B Preferred Stock or in shares of Series D Preferred Stock, in each case as set forth in the Notes. The number of shares of Common Stock indicated in the Table is based on the outstanding principal amount of the Notes held by the Reporting Person.
12. Each share of Series D Preferred Stock is convertible, in whole or in part, at any time, at the option of the holders thereof, into 0.0000000002 shares of Common Stock (a conversion price of \$1,107,800,064,000 per share of Common Stock). Series D Preferred Stock has no expiration date.
13. The preferred stock disposition was pursuant to the First SAI Exchange.
14. The preferred stock disposition was pursuant to the Second SAI Exchange.
15. The preferred stock disposition was pursuant to the First SAF Exchange.
16. The preferred stock disposition was pursuant to the Second SAF Exchange.
17. The preferred stock disposition was pursuant to the SA Exchange.
18. Each share of Series B Preferred Stock is convertible, in whole or in part, at any time, at the option of the holders thereof, into 0.00000000001 shares of Common Stock (a conversion price of \$2,612,736,000,000 per share of Common Stock). Series B Preferred Stock has no expiration date.
19. The preferred stock disposition was pursuant to the First SAI Exchange.
20. The preferred stock disposition was pursuant to the Second SAI Exchange.
21. The preferred stock disposition was pursuant to the First SAF Exchange.
22. The preferred stock disposition was pursuant to the Second SAF Exchange.

[/s/ Joseph Stilwell](#) [09/25/2026](#)
[/s/ Joseph Stilwell as](#)
[authorized agent for Stilwell](#) [09/25/2026](#)
[Value LLC](#)
[/s/ Joseph Stilwell as](#)
[authorized agent for Stilwell](#) [09/25/2026](#)
[Activist Investments, L.P.](#)
[/s/ Joseph Stilwell as](#)
[authorized agent for Stilwell](#) [09/25/2026](#)
[Activist Fund, L.P.](#)
[/s/ Joseph Stilwell as](#)
[authorized agent for Stilwell](#) [09/25/2026](#)
[Value Partners VII, L.P.](#)
[/s/ Joseph Stilwell as](#)
[authorized agent for Stilwell](#) [09/25/2026](#)
[Associates, L.P.](#)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

* Form 4: SEC 1474 (03-26)