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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

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Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person* <u>Yang Weiguang</u> (Last) (First) (Middle) <u>CO ZHONGCHAO INC. RM 2504 OOCL PLZ</u> <u>841 YAN'AN MID RD JING'AN DIST</u> (Street) <u>SHANGHAI</u> <u>200040</u> (City) (State) (Zip) <u>CHINA</u> (Country)	2. Issuer Name and Ticker or Trading Symbol <u>Zhongchao Inc. [ZCMD]</u> 2a. Foreign Trading Symbol 3. Date of Earliest Transaction (Month/Day/Year) <u>07/21/2026</u> 4. If Amendment, Date of Original Filed (Month/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) ☒ Director ☒ 10% Owner ☒ Officer (give title below) Other (specify below) <u>Chief Executive Officer</u> 6. Individual or Joint/Group Filing (Check Applicable Line) ☒ Form filed by One Reporting Person Form filed by More than One Reporting Person
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Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class A Ordinary Shares ⁽¹⁾								740	D	
Class A Ordinary Shares ⁽¹⁾	07/21/2026	07/21/2026	A		2,500,000 ⁽³⁾	A	(3)	2,500,740	I	By More Healthy Holdings Limited ⁽²⁾
Class B Ordinary Shares ⁽¹⁾								5,982	D	
Class B Ordinary Shares ⁽¹⁾								739	I	By More Healthy Holdings Limited ⁽²⁾
Class B Ordinary Shares ⁽¹⁾	07/21/2026	07/21/2026	A		200,000 ⁽³⁾	A	(3)	206,721	I	By More Healthy Holdings Limited ⁽²⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						Date Exercisable	Expiration Date					
				Code	V	(A)	(D)	Title	Amount or Number of Shares			

Explanation of Responses:

1. Class B Ordinary Shares are convertible into Class A Ordinary Shares at holders' option at any time on a one for one basis. Class A Ordinary Shares are not convertible into Class B Ordinary Shares under any circumstance. Each Class A Ordinary Share entitles to 1 vote and each Class B Ordinary Share entitles to 1,000 votes.

2. More Healthy Holdings Limited is a company limited by shares incorporated under the laws of British Virgin Islands ("More Healthy"). The address of its business office is Craigmuir Chambers, Road Town, Tortola, VG 1110, British Virgin Islands. The person having voting, dispositive or investment powers over More Healthy Holdings Limited is Mr. Weiguang Yang.

3. On July 21, 2026, Zhongchao Inc. (the "Company") allotted and issued 2,500,000 Class A Ordinary Shares, and 200,000 Class B Ordinary Shares, to More Healthy, a holding vehicle of Mr. Weiguang Yang, the founder, Chief Executive Officer and Chairman of the Board of Directors of the Company. This issuance was in consideration and acknowledgement of Mr. Weiguang

Yang's services rendered to the Company in a central role in the Company's strategic direction, long-term vision and stewardship.

/s/ Weiguang Yang

07/22/2026

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

* Form 4: SEC 1474 (03-26)